

# TO THE POINTE

*A monthly newsletter for a community of condos where people of diverse backgrounds and ages live in close proximity to one another and share common elements with their neighbors.*

## NEIGHBOR NEWS

Happy 80th Birthday Gary Ackerman!

Happy Birthday Pat McDonald! Pat is "Plenty Nine."



*Honey Pie Coffey enjoying the first "Snow Day" of 2019*

Sue Davies completed her second cataract surgery this week. Her first surgery went so well that she was actually happy to get her second one behind her. We wish her a speedy recovery.



**The next board meeting will be March 13 at 5:30 in the Riverside Room. All residents are invited.**

## SPEAKING OF CATARACT SURGERY

Many of our neighbors are choosing to have Cataract surgery. The mid 70s are a good age for this procedure. *I know of at least four neighbors who have had this surgery over the last year. Everyone, to a person, has had a positive experience and good results.*

While it's never fun to have surgery, it's good to know that many of us are having such positive results with Cataract surgeries. If you are faced with this issue, I'm sure that these neighbors would be happy to tell you of their positive experience and outcome. Let me know if you'd like to chat with someone about this process.

MBC



## POTATO PARTY!

We are throwing a "BAKED POTATO PARTY". We'll provide the baked potatoes, plates, napkins, silver wear....

You bring a potato "topping", side dish or dessert!



BYOB

FRIDAY MARCH 15, 5:30 RIVERSIDE ROOM

RSVP: 503-740-6937 (MBC-so I know how many spuds to bake!!)

Since it is so close to St. Paddy's Day...the best green outfit will receive a prize!

## LANDSCAPING

All of the trees that needed extensive trimming have been done. Please notice that the carport roofs are free and clear from hanging limbs.

Bartlett also removed three sick or dead trees and "cabled" others to help keep them healthy.

I'd like to thank all of you for putting up with the commotion and noise of doing this work over three days.

Spring is peeking its head out, even in the snow. The Daphne is already blooming, and I noticed lots of Crocus and Daffodils are blooming. Lucky us!

Sandy (503-348-5600)

## DRYER VENTS

Dryer Vents will be cleaned from the outside on March 4. You do not need to do anything to facilitate this project. The HOA pays for this service.

HOWEVER, if you do want to have your vents cleaned from the inside (and you should do this) please call Rudmar (503-262-7032) and schedule it. When they finish the cleaning, pay the bill and send a copy of your receipt to CMI. CMI will place \$20.00 back into your HOA account!

This will cover about half of the cost to clean from the inside out. This is an incentive for you to all get your dryer vents cleaned from the inside out! Most dryer fires start from the inside.

NOTE: CMI WILL ONLY ACCEPT RECEIPTS FROM RUDMAR.

## GUTTER CLEANING

The gutters will be cleaned from March 18 - 21. You do not need to do anything to facilitate this project. The cleaners do all that they can to keep the mess off of the decks but gutter stuff may fall onto your deck. It's best to let it dry and then sweep it off. If it is excessive, call CMI and they will help with clean up where necessary.

# MARCH MADNESS

**IMPORTANT NUMBERS****BOARD of DIRECTORS****Kevin Diamond**, 503-799-8052[kevinqlp@yahoo.com](mailto:kevinqlp@yahoo.com)

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**Mary Beth Coffey**, 503-740-6937[sweetcoffey@hotmail.com](mailto:sweetcoffey@hotmail.com)

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**Will Rooker**, 361-249-0425[Wiruro@yahoo.com](mailto:Wiruro@yahoo.com)

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**COMMUNITY  
MANAGEMENT INC****Tom La Voie**, 503-445-1212[toml@communitymgt.com](mailto:toml@communitymgt.com)**Lynn Lindell**, 503-445-1115[lynnl@communitymgt.com](mailto:lynnl@communitymgt.com)**AFTER HOURS CALL  
503-233-030****OPV COMMITTEES****Building Captains -**

Judy Rossner, 503-699-8731

**Clubhouse -** Jesse Booth

971-801-3177

**Guest Suite -** Mary Beth Coffey

503-740-6937

**Landscape -** Sandy Marentette

503-348-5600

**Library -** Barb Laird

503-778-0308

**Maintenance -** Sylvia Ackerman

503-754-7491

**Pool -** Will Rooker

361-249-0425

**LIGHTS OUT?****Mary Beth Coffey**,

503-740-6937

**ONLY 88 DAYS TILL THE POOL OPENS!****NATIONAL NAPPING DAY**

National Napping Day is March 11 and is observed annually the day following the return of daylight-saving time. National Napping Day provides everyone with the opportunity to have a nap and catch up on the hour of sleep they lost due to the spring forward time change.

Mid-afternoon naps are an integral part of most cultures, and scientifically proven to be good for you.



A needed rest can make you feel better and also improve your mood. After having the extra amount of sleep, a person will notice that they will be more productive and energetic.

Numerous studies have shown that short 10-20-minute naps are the most effective when midday fatigue hits. Improvements in alertness, productivity and mood have all been shown to improve with this type of snooze.

Though there are some of us who are just not the napping kind, if you can reap those benefits, find a cozy spot for 10 minutes or so on National Napping Day.

*If you have birthday announcements, party photos or pictures of family time at OPV please send them to MBC. We will print them as there is room!*